



2nd INTERNATIONAL TEACHERS SUMMER CAMP

INVITATION

I.K.T.A. Summer Camp, ministered by Sensei Dimo contarelli, will take place in Cerea (VR) Italy July 25/26/27/28 - 2019

(complete program attached)

The event is organized in collaboration with **FE.I.S.KA.** (Federazione Italiana Scuole di Karate), **A.I.C.S.** (Associazione Italiana Cultura e Sport) with the Patronage of the **Municipality of di Cerea (VR)**





INTERNATIONAL TEACHERS SUMMER CAMP 2019

Program :

CHECK-IN at the "SASSO HOTEL" via S. Pierino 318 -37051 Bovolone (VR) ITALY

Registration from 5.00 pm on WEDNESDAY 24/07/2019 **until 9.00 am** on THURSDAY 25/07/2019

THURSDAY

25 / 07 / 2019

08:00 am

breakfast

09:00 am - 10:00 am

OPENING - Program presentation

10:30 am - 12:30 pm

KARATE training

01:00 pm

lunch

03:00 pm - 05:00 pm

KARATE training

05:30 pm - 07:00 pm

Theory (Dr. Giuseppe Mirabella) "Karate - Do, the therapeutic factor"

08:00 pm

dinner

09:00 pm - 10:00 pm

commissions meeting

FRIDAY

26 / 07 / 2019

08:00 am

breakfast

09:00 am - 11:00 am

KARATE - training

11:30 am - 12:30 pm

Referee rules I.T.K.F. - FE.I.S.KA (M°Eligio Contarelli – M°Alessandro Cola)

01:00 pm

lunch

03:00 pm - 04:00 pm

Referee rules I.T.K.F. - FE.I.S.KA (M°Eligio Contarelli – M°Alessandro Cola)

04:00 pm - 05:30 pm

Theory (Dr. Michela Turci and Dr. Gianpiero Grassi) "Teach to learn"

06:00pm - 07:30 pm

Theory (Dr. Federica Merlini) "The fear of failure"

08:00 pm

dinner

09:30 pm

Open discussion - visit Montagnana city (Padova)

SATURDAY

27 / 07 / 2019

08:00 am

Breakfast

09:00 am - 11:00 am

KARATE training

11:30 am - 12:30 pm

Theory (Dr. Michela Turci and Dr. Gianpiero Grassi) "Teach to learn"

01:00 pm

lunch

03:00 pm - 05:00 pm

KARATE training

05:30 pm - 07:00 pm

Theory (Dr. Michela Turci and Dr. Gianpiero Grassi) "Teach to learn"

08:00 pm

dinner

09:30 pm - 10:30 pm

Open discussion - I.K.T.A. party

SUNDAY

28 / 07 / 2019

08:00 am

Breakfast

09:00 am - 11:00 am

KARATE training

11:30 am - 12:30 pm

CLOSING CEREMONY and awarding of diplomas

01:00 pm

lunch